

SAANT AGM 16 October 2010 - Minutes

Held at The River Club, Observatory, Cape Town

Apologies or Proxies Received: 31 members

Non-RSVP's & Non-Attendees: 15 members

Attendees: 16 members

Opening Address: Adele Pelteret

Welcome to the 4th SAANT AGM and thanks to ongoing members for attending.

SAANT has 62 members, apologies received from 31 members.

Helen Hull is unable to attend but has provided an audio chair report.

A brief history of SAANT was given.

Adoption of the 2009 AGM minutes: Beatrice Rabkin proposed to accept and Margaret Ellis seconded.

Adele advised that the minutes are available on the website.

Council Office Bearer Reports (Full written reports sent with AGM notice)

Chair Report – Helen Hull (Audio Recording summary)

Helen apologised for not being able to attend.

She received a number of comments regarding the cost of attending the AGM and Seminar if based outside of Cape Town. 35 out of 62 members are based in Cape Town. Thanks to Heidi and Lynne for travelling and to those present for attending. Helen would have liked to make attending the AGM more appealing by holding the Annual Seminar but there was lack of confirmation of bookings by 1 October and the Seminar unfortunately had to be cancelled.

Thanks to all the council members.

Overview of Council activities presented. Individual Office Bearer's reports will give details of activities in each Office this term. This is the first complete year for CPD and the CPD Committee will assess the portfolios due 31 October. Heidi is standing for council again this term after a break last term. Adele will not be on council this year. A very big thank you to Adele.

The Website was taken over by Bartwebsites after the last AGM (November 2009) as Tracey (Evans) was unable to continue doing this for us. A members' area was introduced. The 'Defining Nutritional Therapy'

document will be expanded to include training and the Courses Page will be amended. A forum was introduced but it has been slow to be used and Helen encouraged people to use it. Group emailing was setup. A SAANT facebook page has been setup by Katherine Tudsbury.

Nutritional Therapy and Nutritional Therapist are the only titles to be used by SAANT Members from Jan 1, 2011.

Helen planned to have a lessor role in SAANT this coming term but she will continue as chair as the present Office Bearers have very important roles to fulfill and cannot take on the chair duties in addition to those roles.

Treasurer Report – Helen Hull (presented by Carol)

Helen assumed the role of ‘Treasurer’ as no other member was nominated. Helen has kept the Cash Book up to date. Helen will continue as Account Manager and will produce a cash statement for the AGM. An accountant may need to be employed to produce the required financial documents unless a member has, or knows of anyone with, accounting experience that can produce these according to the accounting procedures for an Association.

Cash Statement 1 Oct 2009 to 30 Sept 2010

Bank balance 1 Oct 2010	17,042.12
Income	22,822.62
Less refunds payable (seminar fees)	<u>2,800.00</u>
	<u>20,022.62</u>

Expenditure	22,004.59
Less refunds receivable (River Club)	<u>4,625.00</u>
	<u>17,379.59</u>

Cash balance 30 Sept 2010	<u>19,685.15</u>
----------------------------------	-------------------------

Income	
Application fees	1,300.00
Membership fees	12,215.00
Bank Interest	57.62
Sponsorship	100.00
Course / Seminar fees	<u>6,350.00</u>
	<u>20,022.62</u>

Expenditure

Bank Fees	229.75
Postage and Stationery	1,264.70
Venue Hire	982.69
Catering	3,074.40
Travel	2,995.28
Educational Resource	324.14
Communication	312.13
Website	7,150.50
Marketing and Advertising	570.00
Other	<u>476.00</u>
	<u>17,379.59</u>

- Cash statement is for the year 1 Oct 2009 to 30 Sept 2010
- Course / Seminar Fees: R6 350 = R2 350 Annual Seminar Oct 2009 + R4 000 CNELM modules.
- Website costs for this period: R7 150 = R500 take-over fee + R3 000 re-design fee + R1 000 fee to set up group emailing + monthly hosting and maintenance @ R120 per hour (usually 3 or 4 hours a month).

Adele said that refunds for the Seminar will shortly be made.

Membership Report – Lynne Brown

As of 10 October there are 62 paid-up members.

12 new members joined in 2009 / 2010.

At the time of the 2009 AGM we had 59 members

9 members did not renew in January 2010 for various reasons. These were mainly students who have discontinued their studies.

Spread of categories:

Professional Members: 4

Provisional Members: 21

Student Members: 26

Associate Members: 7

Affiliate Members: 4

Definition of the categories are on the SAANT website.

The spread over the provinces is as follows:

Western Cape: 35

Gauteng: 17

KZN: 4

Eastern Cape: 2

Mpumalanga: 1

Namibia: 1

Overseas: 2

Membership procedures:

Renewal fees are payable by March 2011.

Members need to post certified Certificates/Diplomas – no faxes or emails will be accepted.

Membership fees will stay the same as 2010, which are as follows:

Professional: R350.00

Provisional: R250.00

Student: R150.00

Affiliate: R150.00

Associate: R150.00

PR & Marketing Report – Adele Pelteret

Adele manages the PR & Marketing for the Western Cape and National.

Regional PR & Marketing: need co-ordinators in other areas, especially in the Gauteng area.

Talks by NThs: if you are doing a talk please send to Adele so that she can put the event on the website and patients can be referred.

Publications:

SA Journal of Natural Medicine

Vibrations Magazine

UK Magazine – The Nutritionist

Medpages

When doing articles please mention that you are a SAANT member.

Adele suggested that NThs go back to listing under the Dieticians section in Medpages as they received more referrals when listed under that section.

Reminder to all: change Nutritionist or Clinical Nutritionist to Nutritional Therapist by the end of 2010. It's confusing to the public and does not foster a unified profession.

Pass on details of your article to PR & Marketing and mention the Title, publish date and publication so that we can support each other, learn from each other, help advertise via clients and patients, create a link/reference on the website.

National Public Events:

Natural and Organic Expo at the CTICC:

We had a free stand in exchange for having 3 speakers: Carol, Hannah and Adele.

General Events:

Send through any details should you not receive an invitation from SAANT already.

We need more member support and participation. We also need someone leading and co-ordinating in Gauteng, Cape Town and other major areas.

Events in the Western Cape:

NTh Practitioner meetings - happen once a month - informal, very informative and useful. Open to all practicing NThs.

NTh Student Meetings – Beatrice was in charge of these however, she had no success perhaps due to lack of interest?

Haematology Guild – monthly meetings.

SAANT on Facebook: you can “Promote”, “Like” or “Join” and this will allow your friends to see the SAANT link and promote SAANT to the public.

Adele suggested that we get Bartwebsites to put a link on the website to our Facebook page.

Megan Perry suggested that we get a Twitter page and link this to our website too.

Reminder to wear SAANT badges when attending events.

SAANT’S future – if you want this Association and the profession of Nutritional Therapy to succeed – then it is going to take a bit of time and effort from ALL members – not just a small few. Adele encouraged all the members to get involved.

People wanting to get more involved please email Adele or any Office Bearer and let them know.

Margaret Ellis said that anyone wanting to list on ‘Health at your doorstep’, please email the details to her. The listing is free until the end of the year.

Legal Report – Heidi du Preez

In the past the HPCSA expressed concerns regarding the low number of SAANT members and therefore Nutritional Therapists in South Africa and that there is not a degree course presented at South African universities. HPCSA continues to advise Nutritional Therapists to apply under Dietetics to register. NThs cannot register as Nutritionists as they are not in therapeutic private practice. Three SAANT Professional members submitted applications to register with the HPCSA earlier this year.

SAANT has drafted a document highlighting the difference in approach between Nutritional Therapists and Dieticians. In support of our application to register Nutritional Therapy with the HPCSA, this document, the

Scope of Practice, Training Checklist and a cover letter was sent to the Board of Dietetics at the end of August to be discussed during their Educational meeting that took place the 6th and 7th Sept 2010

The HPCSA did not accept the applications for registration as Nutritional Therapists from the three SAANT Professional Members – Carol Murrell, Hannah Kaye and Ian Craig. They had to apply by filling out the Dietician application forms as there is no NTh Register to apply for but clearly stated they were not Dieticians but Nutritional Therapists.

The HPCSA decided during their meetings in September that they would consider the application of SAANT as a group for registration as Nutritional Therapists during the next Educational meeting. This meeting took place on the 14th October 2010. The outcome from this meeting is that they want SAANT to attend the next Board meeting to clarify a couple of matters. This is a wonderful opportunity for SAANT to be represented at the HPCSA Board meeting.

HPCSA has realised that we cannot register as Dieticians or Nutritionists. They have realised that we are a group to stay. It is therefore very important that we stand together as an Association – otherwise there is no hope of ever registering with either the HPCSA or the AHPCSA. A new Board of Dietetics were inaugurated during 2010 and they are looking at our application in a fresh light.

Training Report – Carol Murrell

Training overview:

It is unlikely that a locally-validated BSc in Nutritional Therapy will be available in South Africa in the short term. The most viable current option is the CNLEM's web-based, distance learning option – there are 11 students enrolled so far.

UNISA's 4-year Nutritionist BSc is too community nutrition focussed to provide a core health science degree, but a BSc in Biochemistry & Physiology may be more appropriate (3 years).

CNELM: 11 SA students are now registered with CNLEM's BSc (Hons) in NTh and in May all attended the Level 1 Communication Skills course in Cape Town. A further 3 have since registered. Levels 1 and 2 of the degree have been greatly discounted however; level 3 is still a problem for many.

TVU: Attendance requirements are onerous, long distance learners are discouraged.

ION: Science Foudation Course, basic info on science. Expensive.

Local course updates:

SA Universities:

Wits – No interest; no response to communication – emails and phone calls.

UWC – It has proved impossible to get a copy of the detailed syllabus for the BSc in Complementary Health Sciences. Apparently many modules are outsourced and consolidating syllabus data is extremely labour-intensive.

UNISA – Seems like the most feasible option for most individuals as it offers correspondence learning with some compulsory attendance at Potchestroom University.
Possible ‘core’ degree options are the BSc in Biochemistry & Physiology (3years).

Drawbacks: There are no NTh-specific BScs in SA and this is unlikely to change for some time – this continues to be SAANT’s goal. More universities need to be approached, preferably those without dietetics facilities. Heidi has offered to help us with this.

Local courses/modules:

Margaret Ellis: must be SAQA recognised. You must write exams in South Africa. It is more feasible and appropriate to focus on local courses. ITEC has an Anatomy and Physiology course.

Stellenbosch University have an Integrated Medicine course and they are more open even though they have a dietetics department. Ian has offered to talk to Stellenbosch University (he asked to be reminded).

SAANT In-house:

There is a glaring need for practical NTh-specific training.

Proposal:

- A committee be established to co-ordinate this
- Trainers would include PFs, PVs and other experts.
- Attendees would pay a fee and trainers would be paid.
- Videoing the course for members outside CT would be investigated.

Sally-Ann Creed is working on a comparison between the SAANT Training Checklist and the IAN course.

CPD Report – Hannah Kaye (unable to attend) – presented by Carol

Why CPD is important:

To be taken seriously by other health care professionals, to keep abreast with the latest NT, to provide the best available therapeutics to clients.

Areas of concern:

- Members not based in CT or JHB are struggling to keep up with the CPD requirements
- Lack of focus on CPD requirements until last quarter.
- Seminars in South Africa focused on NT are lacking

CPD requirements:

Practitioners are required to accumulate a minimum of 30 points each year. The CPD year runs from 1st November to 31st October. Practitioners are to submit their portfolio of evidence by 31st October each year. Practitioners who do not attain the minimum requirements will be removed from the SAANT register. Practitioners who do not submit their PoE will be removed from the SAANT register.

Online CPD programme (eg Nestle): training provider to provide attendance certificate or MCQ result.
Supervising students or new practitioners: min 2 hour session. Single modules of Masters degrees:5 points per module.

Proposed accreditation and CPD for courses:

Courses must be healthcare orientated. Courses, webinars, conferences etc must add value to the practice of NTh and must be geared towards healthcare professionals. Courses or webinars run by supplement companies must be themed and relevant to CPD and not just marketing their product.

Gabby Perez asked whether anyone would be interested in the Nutri-link talks as she needs to give them feedback on practitioners that would be interested. A vote was taken and everyone was interested. Gabby to provide further information.

Carol advised that the Natural and Organic Expo would not count for CPD points.

Self Directed Learning Questionnaires: not, as yet, part of the CPD Program but this could change in the future.

Activities that do not qualify for CPD:

- Time spent planning and organising an event
- Published congress proceedings
- Non-ref letters to editors of accredited journals
- Written assignments
- Staff/administrative meetings
- Tours/viewing of exhibitions or technological demonstrations
- Membership of professional bodies or boards

Removal from the register:

Failure to accumulate 30 points by 31st October and failure to submit PoE in the correct format with the correct supporting documentation.

Constitution Amendments

Proxies:

Mandy Morgan – Helen Hull (not attending)

Nikki Wilson – Carol Murrell

Karen Horton – Lynne Brown

Barbara Barker – Beatrice Rabkin

Motion: That notice of Constitution Amendments be given at this AGM

Proposed: Helen Hull

Seconded: Adele

Carried by show of hands

Amendments

1.

4.1.4 Student Member – any student enrolled on a nutrition course that has been recognised by the Association with the intent of becoming a Professional Member of the Association. Any student in clinical practice before graduation is a Licentiate of their own training provider who must take full responsibility for their students and their insurance status.

Proposed Amendment:

4.1.4 Student Member – a student enrolled on a Nutritional Therapy course with the intent of becoming a Professional Member of the Association. Any student in clinical practice before graduation is a Licentiate of their own training provider who must take full responsibility for their students and their insurance status.

Carried by show of hands

2.

4.1.5 Affiliate Member - any person who does not qualify for any of the other categories of membership, but subscribes to the Aims and relevant Code of Ethics of the Association.

Proposed Amendment:

4.1.5 Affiliate Member - any person who does not qualify for any of the other categories of membership, who subscribes to the Aims and relevant Code of Ethics of the Association and contributes to the Association.

Carried by show of hands.

3. Addition:

4.2.2 Professional, Provisional, Associate and Student Members of the Association are to use the title Nutritional Therapist.

Carried by show of hands.

4.

Appendix 2

MEMBERSHIP BENEFITS and RESPONSIBILITIES

Affiliate Membership	<ul style="list-style-type: none">• Access to the Members-only closed user area of the Association web• Receiving Association Newsletter• Receiving notification of Events
----------------------	--

Proposed amendment:

Affiliate Membership	<ul style="list-style-type: none">• Access to the Members-only closed user area of the Association website• Receiving Association Newsletter• Receiving notification of Events• Required to contribute to the Association
----------------------	--

Carried by show of hands.

5.

6.7.1 The financial year end to be 31 December.

Proposed Amendment

6.7.1 The financial year end to be 30 September.

Carried by show of hands

Council Nominations

Motion: That Voting for Council Members shall take place by show of hands at this AGM.

Proposed: Helen Hull

Seconded: Adele and Carol

Carried by show of hands

Nominated and Seconded

Lynne Brown – Membership Office Bearer
Heidi du Preez – Legal Office Bearer
Helen Hull – Chair
Hannah Kaye – CPD Office Bearer
Carol Murrel – Vice Chair and Training Office Bearer
Beatrice Rabkin
Katherine Tudsbury

Elected by show of hands.

PR&M Office Bearer - vacant
Treasurer – vacant

Adele asked whether anyone would be interested in the role of treasurer or PR & Marketing.
No offers for the Office Bearing positions.

Heidi suggested that more tasks be delegated by council members.

Beatrice said that we need more people on council to help with decision making.

Lynne Brown said that the people that are on council have been on for a long time and she would like to see more new people on the council.

Sara Bilbe asked whether all roles are being fulfilled and exactly what do the roles entail.

Ian said that he would be keen to do some seminars and workshops which would count for CPD points. He offered to help Hannah and Carol with their roles.

Carol suggested that older members offer to train new members.

The following were nominated, seconded and elected by a show of hands:

Cathren Spies
Margaret Ellis
Ian Craig
Frances van Reenen

Gabby Perez, Liz Lolloos, Sara Bilbe and Megan Perry offered to help with any events or things that SAANT requires extra help with.

Heidi said that we are all so grateful for what Helen does and has done for SAANT.

Adele said that we are truly blessed to have Helen as SAANT's chair, we wouldn't be where we are without her.

Members said thanks to Adele for all the work that she has done and continues to do for SAANT.

Other Matters

BGM vs AGM

Heidi said that this year was a flop and suggested that we have a BGM every second year so that everyone can be more organised. We could have overseas speakers come and have something big.

Gabby pointed out that we would need to have the constitution changed.

Adele also pointed out that if we had a BGM then the council members would need to stand for 2 years instead of 1 year.

Adele suggested that we have an AGM but a Seminar every second year. Council members can also cancel their membership at any time.

Beatrice said that SAANT is too young to only have a BGM. New members would have to wait 2 years before they meet the other members.

Sara suggested that we have 3 meetings a year for training etc.

Frances said that when we come to the AGM and see what is going on behind the scenes it encourages us to get more involved and help more.

There was a vote by show of hands:

BGM: minority of hands

AGM: carried by a majority of hands

Beatrice said that we need to find out why so many members did not come and get an honest opinion from them.

Council meeting to be held in afternoon.

AGM closed.

Minutes approved by Helen Hull, Carol Murrell, Heidi du Preez, Lynne Brown.

