

## **Continuing Nutrition Education and Lifestyle Management (CNELM) – Options for SA Students**

### **Option 1: BSc (Hons) Nutritional Therapy** (being SAQA evaluated to obtain S.A. NQF level)

CNELM offers several routes to obtain the BSc (Hons) Nutritional Therapy, validated by Middlesex University, UK:

1. In the UK – full time or part time (max 6 years)
2. "Fast Track" option for those with previous training through a Portfolio of Evidence submitted for assessment by CNELM and Middlesex University
3. Flexible online learning + attendance modules (in UK or SA).

See [www.cnelm.co.uk](http://www.cnelm.co.uk) for more information and download the General and/or Post Graduate Handbook.

### **2011 Tuition Fees (SA Students):**

- Foundation Chemistry & Human Biology Modules: £250 each (UK = £600 each)
- Levels 1 and 2: £2 000 each (UK= £5400 each; registered with CNELM only)
- Level 3: £5 400 (registered with Middlesex University (MU))

### **2011 Institution fees:**

- CNELM: £300 for *each* year of study in order to complete years 1 and 2
- MU: £1300 for *each* year of study as a MU registered student in order to complete year 3

### **2011 Total Cost** – not including Foundation Chemistry and Human Biology

Level 1:	2 000
CNELM Institution fee:	300
Level 2:	2 000
CNELM Institution fee:	300
Level 3:	5 400
MU Institution fee:	1 300

**Total: £11 300**

## **OPTION 2: UNISA BSc in Biochemistry & Physiology + Post Grad Diploma in Nutritional Therapy**

- UNISA BSc in Biochemistry & Physiology (part-time: minimum of 3 years; costs not yet available)

### **PLUS**

- CNELM Post-grad diploma in Personalised Nutrition (CNELM aims to have a 100% online version available by January 2013.)
  - To include four of five of the following MSc modules, taken as CNELM modules at £400 each inclusive of VAT: (normally £1000 as part of the MSc – Option 3)
    - Personalised Nutrition & Research Paradigms
    - Personalised Nutrition Requirements
    - Personalised Nutrition & Chronic Illness
    - Personalised Nutrition & Longevity
    - Personalised Sports Nutrition

Plus

- Nutritional Therapy Practice Diploma Modules:
  - Personalised Nutrition Practice: £1000 (normally £2000) - involves business and clinical components including supervision. All lectures accessible online. Supervision takes place in Cape Town.
  - Coaching in Personalised Nutrition Practice: £1000 (normally £2000) - students would join the coaching courses given to undergraduates in Cape Town or Johannesburg

### **Cost:**

Personalised Nutrition modules: 1 600

Practice Diploma modules: 2 000

CNELM annum institution fee: 300

**Total: £3 900**

(if completed in one year; otherwise add £300 per annum)

+ cost of UNISA BSc.

### OPTION 3: MSc in Personalised Nutrition

- UNISA BSc in Biochemistry & Physiology (part-time: minimum of 3 years)

#### PLUS

- MSc in Personalised Nutrition validated by Middlesex University
  - Direct entry (Fast Track) - due to having a BSc from UNISA or any other first science degree.
  - Full-time (12 months); part-time (maximum of 36 months).
  - A 4-day attendance block is required for each of the MU modules chosen.
  - Dissertation module requires a 2-day attendance block.
  - CNELM aims to have a 100% online version of the MSc validated by Middlesex University in time for January 2013.
  - 180 credits required

MU Modules: 180 credits required from a combination of compulsory and optional modules

- Personalised Nutrition & Research Paradigms - compulsory - £1000; 30 credits
- Personalised Nutrition Requirements – compulsory for graduates without a nutrition background; an option for those with a nutrition background - £1000; 30 credits
- Research dissertation – compulsory - £2000; 60 credits
- Personalised Nutrition & Chronic Illness - £1000; 30 credits
- Personalised Nutrition & Longevity - £1000; 30 credits
- Personalised Sports Nutrition - £1000; 30 credit

An appropriate study plan based on individual background will be agreed at interview.

#### PLUS

- CNELM Post MSc Nutritional Therapy Practice Diploma Modules
  - Personalised Nutrition Practice - £1000 (normally £2000) - involves business and clinical components including supervision. All lectures accessible online. Supervision takes place in Cape Town.
  - Coaching in Personalised Nutrition Practice - £1000 (normally £2000) - students would join the coaching courses given to undergraduates in Cape Town or Johannesburg

#### Total Cost:

MU modules: 6 000

MU annual institution fees: 1 300

CNELM Practice Diploma Modules: 2 000

CNELM annual institution fees: 300

**Total: £9 600**

(if one year registration with MU and one year with CNELM)

+ cost of the UNISA BSc

## General Notes

1. Students are encouraged where possible to complete each year within one year to avoid on-going institution fees until completion of studies and to study in synch with when modules are taught at CNELM
2. All fees are inclusive of VAT.
3. Tuition fees increase by 4% per annum unless otherwise notified.
4. Institution fees are relatively stable but subject to some variance.
5. Annual Institution Fees include the following benefits and services:
  - a. Middlesex University Quality Assurance processes and conferment of the degree award once registered for the final year
  - b. Internal Quality Assurance processes and professional accreditations.
  - c. Annual student registration with the Royal Society of Medicine providing online access to 50+ E-books, 1300 journal publications, and 7 database search engines, as well as student discounts for their nutrition related seminars and conferences in London.
6. Personal Mentorship with a qualified CNELM nutritional therapist/coach practitioner
7. On-going development of online student learning resources.
8. Students can opt to pay over a three to five year period, provided they pay the annual Institution Fees.
9. Fees once paid to CNE are non-refundable. If students need to withdraw from the study program they will be required to pay for two months following withdrawal.
10. All students are required to join SAANT: Application fee = R100 + Annual Student Membership fee = R250

Please contact the CNELM director, Kate Neil, for more information: [kate@cnelm.co.uk](mailto:kate@cnelm.co.uk)

December 2011